

Paso Robles Senior Center Report  
Elaine Ernst and Micki Wright, Coordinators  
May 1, 2025

Attendance for the month of April was 2,655.

**Highlights** from the past month include the following:

- Doris Lance, one of the yoga instructors, gave a well-attended presentation on healthy living- Blue Zone Living on Friday, April 18<sup>th</sup>.
- On April 5<sup>th</sup> and again on April 19<sup>th</sup>, Paige Anderson from RTA sponsored two bus trips from the Paso Robles Senior Center to downtown Paso Robles.
- Central Coast Physician's Network hosted their popular Bingo on Wednesday, April 16.
- On April 10<sup>th</sup>, Christopher Venegas and his team from Treasury Americas: A Division of Treasury Wine Estates donated their time to beautify the Paso Robles Senior Center.

April 10<sup>th</sup> Beautification:



Rideshare Coordinator Paige Anderson and seniors enjoying the day:



**Upcoming:**

- Celebrate Older Americans Month coming in May!
- Decluttering Techniques and Strategies for Older Adults Series begins May 8<sup>th</sup>.
- Financial Seminar: Rightsizing your Retirement Residence presented by Zoe Raithel, Mortgage Advisor, CrossCountry Mortgage, on May 13<sup>th</sup>.
- Unbirthday Party May 20<sup>th</sup>, 1:00 pm at the Paso Robles Senior Center.